MHS 6020, Section 0603 Counseling in Community Settings Fall, 2007

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Wednesdays Periods 3-5 (9:35a.m. – 12:35p.m.) Room 1327B Norman Hall

Instructor's Office Hours:

Wednesdays, 2-4pm. (and by appt)

I. Course Description

This course intends to cultivate a visionary perspective for mental health service delivery in the 21st Century involving multidisciplinary, multifaceted, multicultural aspects to counseling assessment, delivery and evaluation.

II. Course Goals and Objectives

Goals

The overarching goals of this course are to:

- --Introduce students to conventional as well as emergent professional settings for conducting counseling
- --Provide an overview of the myriad roles played by professional counselors in community settings
- --Facilitate students' awareness of their interests, skills, and knowledge that enhance their ability to perform as counselors in the field
- --Increase students' awareness of the sociopolitical and cultural aspects of communities
- --Enhance students' ability to advocate for themselves, the profession, and their clients
- --Provide students with a fundamental knowledge of systems analysis to better understand the systemic context of mental health delivery in community settings

Objectives

This course will explore perspectives that influence the roles that Marriage & Family, Mental Health, and School counselors play in recognizing, stimulating, facilitating, and managing personal, marital, familial, political, social, and structural change in community settings.

This course asks the questions:

- What impact do changing demographic data, economic trends, government regulations, health care policies, political processes, public health concerns, religious beliefs, social class conflict, and world events have on the selection, organization, and delivery of mental health services?
- What principles & paradigms illuminate the operation of the persistence & novelty (stability & change) dynamic and its contribution to institutional, political, social, familial, and personal efficacy?
- How can these principles & paradigms be used to maximize mutual benefit in various settings (e.g., agencies, communities, companies, families, hospitals, prisons, schools, teams)?
- What constitutes leadership in mental health policy development and service delivery and how can it be exercised for mutual gain?
- How can conflict (political, social, organization, interpersonal, and/or personal) be used to generate creative solutions for mutual benefit?

• What roles to I want to play in this ever-changing mental health service delivery landscape?

III. Course Topics

The following topics will be covered during the course, approximately but not exactly in the order listed below:

- Structure and operations of professional organizations pertaining to the practice of community counseling.
- Ethical considerations related to the practice of community counseling.
- Definition and context of contemporary community counseling.
- socio-political context community counseling.
- Definition of terms.
- Role, functions, and professional identity of counselors in professional settings.
- Future trends in community counseling.
- Strategies for community needs assessment to design, implement and evaluate.
- Principles, theories, and practices for establishing and maintaining private practice.
- Management of mental health services and programs
- Role of cultural and ethnic heritage, nationality, socioeconomic status, age, gender, religious and spiritual beliefs, occupation, physical and mental status, and equity issues in community counseling

IV. Methods of Instruction

The methods of instruction for this course consist of any or all of the following: interactive lectures, simulation exercises, investigative fieldwork, videotape demonstrations, guest speakers, movie presentations, and small group discussions.

V. Course Assignments and Evaluations

ASSIGNMENTS		
Attendance & Participation	25	
"First-Five" Career Vision and Pathway	10	
MH Providers Project	20	
Action Research Project Introduction (written draft)	10	
Action Research Project Methods Section (written draft)	10	
Action Research Project Full Proposals (oral-10pts & written-20pts)	30	
Reaction Paper	20	
Weekly Learning Logs (5pts each)	25	
TOTAL POINTS	150	

ATTENDANCE AND PARTICIPATION

Since the majority of the educational process will occur in class or be related to topics discussed in class, attendance is expected. Attendance credit is not solely for being present, but for participating in class and learning groups, preparing paper presentations for classroom discussions and debate, and demonstrating the ability to explain and defend a point of view.

Specifically, acceptable attendance and participation involve the following:

- 1. Enthusiastic recitations in class (evidence of extensive reading).
- 2. Regular attendance report to class on time.
- 3. Participation in the experiential learning activities.
- 4. Submit assignments on time.
- 5. A spirit of cooperation, collaboration and sharing is encouraged.

"FIRST-FIVE" CAREER VISION AND PATHWAY - DUE: 9/12 (written) 9/26 (orals begin)

Oral Presentation:

Students are to describe their vision for their careers:

- What are your thoughts about your long term (i.e., career) and short term (i.e., first five years) goals?
- What specific experiences to you wish to gain to advance toward your goal/vision?
- What resources do you need to access?

Written Assignment:

- To be submitted electronically
- APA formatted
- minimum of 5 pages
- See Appendix B for suggestions

MENTAL HEALTH SERVICE PROVIDERS PROJECT – DUE 10/24

The purpose of this assignment is to develop an awareness of the services available in our community for clients that you may be assisting in a counseling session and to create a referral directory for your use.

Each student will be assigned a number of service providers from the attached list. You are to create a POSTER for each provider that presents the provider's name, address, e-mail, hours of operation, types of services provided, types of clients served and any other information that may be valuable to know as a client or a counselor. See Appendix C for an example.

Students are to provide oral presentations to class members on the due date. Additionally, students are to hand deliver an electronic version (either in MS Word or Powerpoint format) of their assignment via email or on a floppy or compact disk (CD) to the instructor by 8:00a.m. on the due date.

REACTION PAPER (DUE: 11/7

Students are to provide a reaction to the textbook: *Pedagogy of the oppressed* by Paulo Freire. The reaction paper is to be approximately ten (10) pages in length – not including references --, typed, double-spaced, using APA formatting. Students' reaction papers should involve the following:

- Discussion of the concept of liberation ideology as a form of client empowerment in community counseling
- Application of the community-as-client approach as a form of collaborative ethnography in mental health counseling
- Interpretation of reflective teaching philosophy to transform mental health counselors into research-practitioners
- Discussion of the usefulness of Freire's philosophy in the development of a counseling needs assessment

This assignment is to be presented utilizing APA format guidelines. Students are encouraged to limit their papers to approximately 10 pages in length (typewritten and double-spaced). (See NOTE below).

ACTION RESEARCH PROJECT PROPOSAL

INTRODUCTION DUE: 11/14 METHODS DUE: 11/21 ORAL PRESENTATIONS BEGIN: 11/28

Students are to conduct a counseling needs assessment as an action research project proposal using the "community-as-client" model of counseling needs assessment. The proposal will be developed based upon their 5th mental health provider in the MH Providers Project assignment (...<u>the "new 'community' counseling entity</u> based upon re-visioning concepts from class readings and discussions...). This assignment involves the development of a research proposal to include a review of the literature. A useful format for this assignment might be:

- I. Statement of the Issue That is the Focus of the Investigation
- II. Problem Statement
- III. Review of the Literature (on this particular type of mental health issue or setting using counseling journal articles as a foundation)
- IV. Theoretical Framework

Be sure to include: a description of the type of qualitative research methods to be used (e.g., collaborative ethnography), how the data will be collected, and mention of any collaborative partners in the process. You might also wish to include a timeline and/or a proposed budget, if any costs are anticipated.

This assignment is to be presented utilizing APA format guidelines. Students are encouraged to limit their papers to approximately 10 pages in length (typewritten and double-spaced). Additional information regarding the action research project may be provided in class. *(See NOTE below)*.

(*) = tentative date

¹ West-Olatunji, C., Watson, Z. (1999). Community-as-client mental health needs assessment: Use of culture-centered theory & research. *The Community Psychologist*, 31. pp.36-38.

NOTE:

Students must cite a minimum of seven (7) professional journal articles to substantiate their points in the **Action Research Project Proposal** and the **Reaction** paper. Abstracts obtained on the internet are not acceptable as research articles. It is preferable that students read articles published in American Counseling Association (ACA) journals in preparation for their papers. Students may use a limited number of citations from related disciplines, if necessary. The ACA journals include the following:

Journal of Counseling & Development
Counseling and Values
Counselor Education and Supervision
Elementary School Guidance & Counseling
Journal of Additions& Offender Counseling
Journal of College Student Development (published by ACPA, a former ACA division)
Journal of Humanistic Education and Development
Journal of Employment Counseling
Journal of Multicultural Counseling and Development
Journal for Specialists in Group Work
Measurement and Evaluation in Counseling and Development
Rehabilitation Counseling Bulletin

BI-WEEKLY LEARNING LOG (DUE: 9/5, 9/19, 10/3, 10/17, 10/31)

Students are to critically reflect on the class-related readings. Keeping a journal of significant concepts, models, and approaches will assist in the reflective process. Bi-weekly Learning Logs are due every other week beginning on September 5th. Students are to use the Bi-weekly Log Form (below) for recording their reflections. Logs are to be submitted both in-class and electronically via email.

<u>In-class</u> submissions are used for the lab portion of class in which students will discuss relevant aspects of their reflections during whole group process sessions with the course T.A.

<u>Electronic</u> submissions of the journal entries are to be sent via email to the instructor by 8:00a.m. on the due date. Assignments submitted after this date and time will be recorded as tardy and will be graded accordingly.

VI. Course Resources

The following textbooks are required, have been ordered for the course, and are available from local bookstores:

Freire, P. (1993). *Pedagogy of the oppressed*. New York: Continuum Publishing.

Kottler, J.A. (1997). Finding your way as a counselor. Alexandria, VA: American Counseling Association.

Lewis, J.A., et.al. (2003). *Community counseling: Empowerment strategies for a diverse society.* (3e.). Pacific Grove, CA: Brooks/Cole-Thomson.

MacCluskie, K. C., & Ingersoll, R. E. (2001). *Becoming a 21st century agency counselor*. Stamford, CT: Wadsworth.

Stringer, E., & Dwyer, R. (2207). *Action research in human services*. Upper Saddle River, NJ: Pearson Education, Inc.

VII. Course Policies

Grading

Due to the relatively high admissions standards to the university and to the Counselor Education Department, students are expected to perform relatively high academically. Therefore, the grade of "C+/C" is a reflection of minimum performance, the grade of "B" is a reflection of average performance, and the grade of "A" is considered to reflect outstanding academic performance. In general, a very few students receive the grade of "C+/C", the majority earns the grade of "B+/B" and a few students earn the grade of "A". It is well known that the "A" grade is not easy to achieve in this course. The student who earns the letter grade "A" stands above all others in all categories.

Grade Assignments

A 141-150

A- 134 – 140 (below 141)

B+ 127 – 133 (below 134)

B 120 – 126 (below 127)

C+ 113 – 119 (below 120)

C below 113 pts

Accommodations for Students with Disabilities

If you have a disability or disabilities that require(s) some form of accommodations in order for you to learn effectively, and in order to satisfy course requirements efficiently and effectively, you must contact the instructor to discuss appropriate accommodations for you no later than the beginning of the third class meeting. Please bring a copy of your letter from the Dean of Students Office that verifies you disability(ies) for the instructor's records. Having officially registered for this course, you have agreed to comply with the University of Florida Honor Code:

I understand that the University of Florida expects its students to be honest in all their academic work. I agree to adhere to this commitment to academic honest and understand that my failure to comply with this commitment may result in disciplinary action to and including expulsion from the University.

When assistance is needed to complete course requirements, you are encouraged to meet with the instructor for consultation. You should feel free to request as many of these meetings as you deem necessary to complete course requirements effectively.

Office Hours

My office hours are Wednesdays from 2:00p.m. until 4:00 p.m. I can also be available at other times by appointment.

Telephones Numbers

My office telephone number is (352) 392-0731, Ext. 235. If you are unable to reach me, leave a message or contact the Administrative Office of the department by dialing (352) 392-0731. My e-mail address is cwestolatunji@coe.ufl.edu.

DATE	READINGS	ASSIGNMENTS (*)
8/29	Counseling Identity & Community Applications MacCluskie & Ingersoll, Ch. 1 & 2	
9/5	Lewis, et. al., Ch. 1 Kottler, Ch. 1, 31, 32, 36	Log Due
9/12	Lewis, et. al., Ch. 2 & 3 Kottler, Ch. 22-26	First Five Paper Due (written)
9/19	Lewis, et. al., Ch. 4 Stringer & Dwyer, Ch. 1 & 9	Log Due
9/26	Lewis, et. al., Ch. 5 Stringer & Dwyer, Ch. 3 Handout: West-Olatunji & Watson	First Five Paper Due (oral)
10/3	Lewis, et. al., Ch. 6 & 7 Stringer & Dwyer, Ch. 4	First Five Paper Due (oral) Log Due
10/10	Lewis, et. al., Ch. 8 Stringer & Dwyer, Ch. 5	First Five Paper Due (oral)
10/17	Stringer & Dwyer, Ch. 6 &7 Handout: Nelson & Allstetter	First Five Paper Due (oral) Log Due
10/24	Freire, Ch. 1 & 4 Data collection prep	MH Providers Project Due
10/31	Freire, Ch. 2 & 3 Freire, Forewords, Intro, Preface	Log Due
11/7	Freire lecture & process	Reaction Paper Due
11/14	Data Analysis & Coding	Draft of Action Research Introduction Due
11/21	COMMUNITY OUTREACH	Draft of Action Research Methods Section Due [ELECTRONIC SUBMISSION]
11/28	MacCluskie & Ingersoll, Ch. 6 & 7 Kottler, Ch. 27, 28, 29, 37, 38, 39	Action Research Oral Presentations
12/5	Kottler, Ch. 12-17 FINALS WEEK	Action Research Oral Presentations

^{(*) =} electronic copies due by 8:00a.m. on due date

MHS 6020 (FALL, 2007): Counseling in Community Settings Bi-weekly Learning Log

(Due every other week of class beginning September 5th)

NAME			DATE
MFT	SCG	MHS	
Critically reflect on the class-related reading you are doing: What ideas stand out? How is your thinking about mental health service delivery and/or counseling changing in light of these ideas?			

What questions do you want us to address (and you will pursue) in class? (Use the back of this paper as needed).

MHS 6020 FALL 2007 STUDENT INFORMATION FORM

There may be a need for me to contact you during this academic term in regard to course and/or related matters. Therefore, it would be helpful if you would provide me with the following information.

(PLEASE PRINT)	
Name:	
Address:	
Home Phone: ()	_
Work Phone: ()	-
Other Phone: ()	-
E-mail:	-
NOTE: This information will be used only by me (e.g., if it is a during this semester), and this sheet will be discarded at the enthe information in your student file in the department updated. your student file in the department can be updated using the interpretation.	d of the semester UNLESS you would like Please indicate whether the information in
Yes, update my student file.	
No. do not use this information for other than the purpo	ses of this course

Appendices

APPENDIX A: Applicable Professional Standards Addressed in MHS 6020

This course is designed to meet the professional standards listed.

(Florida) Institutional Program Evaluation Program (IPEP) Accomplished Practices:

These standards do not apply (directly) to this course.

(Florida) Sunshine State Standards: These standards do not apply (directly) to this course.

Council for the Accreditation of Counseling and Related Educational Programs (CACREP) (2001):

<u>Subsection A Foundations of Marriage, Couple, and Family Counseling/Therapy Programs:</u>

- 2. structure and operations of professional organizations pertaining to the practice of marital, couple and family counseling;
- 3. ethical and legal considerations specifically related to the practice of marital, couple, and family counseling/therapy (e.g., the ACA and IAMFC Code of Ethics);
- 4. implications of professional issues unique to marital, couple, and family counseling/therapy including recognition, reimbursement, and right to practice;
- 5. the role of marital, couple, and family counselors/therapists in a variety of practice settings and in relation to other helping professionals; Subsection C Knowledge and Skill Requirements for Marriage, Couple, and Family Counseling/Therapy Programs:
- 1. family systems theories and other relevant theories and their application in working with couples and families, and other systems (e.g., legal, legislative, school and community systems) and with individuals;
- 4. specific problems that impede family functioning, including issues related to socioeconomic disadvantage, discrimination and bias, addictive behaviors, person abuse, and interventions for their resolution

Subsection A Foundations for Mental Health Counseling

- 1. historical, philosophical, societal, cultural, economic, and political dimensions of and current trends in mental health counseling;
- 2. roles, functions, and professional identity of mental health counselors;
- 3. structures and operations of professional organizations and public policy issues relevant to the practice of mental health counseling;
- 4. implications of professional issues that are unique to mental health counseling, including recognition, reimbursement, right to practice, core provider status, access to and practice privileges within managed care systems;
- 5. ethical and legal considerations related to the practice of mental health counseling (e.g., the ACA and AMHCA Code of Ethics)
 Subsection B Contextual Dimensions for Mental Health Counseling

- 1. assumptions and roles of mental health counseling within the context of the community and its health and human services systems, including functions and relationships among interdisciplinary treatment teams, and the historical, organizational, legal, and fiscal dimensions of public and private mental health care systems;
- 2. strategies for community needs assessment to design, implement and evaluate mental health care programs and systems;
- 3. principles, theories, and practices of community intervention, including programs and facilities for inpatient, outpatient, partial treatment, and aftercare, and the human services network in local communities; and
- 4. management of mental health services and programs, including administration, finance, and budgeting, in the public and private sectors; principles and practices for establishing and maintaining both independent and group private practice; and concepts and procedures for determining outcomes, accountability and cost containment Subsection C Knowledge and Skill Requirements for Mental Health Counseling
- 9. the application of concepts of mental health education, collaboration, outreach and prevention strategies and community mental health advocacy; 10.effective strategies for influencing public policy and government relations on local, state, and national levels to enhance funding and programs that affect mental health services in general, and the practice of mental health counseling in particular

Portions of this course also fulfill in part the following CACREP Standards:

Subsection A Foundations of Marital, Couple, and Family Counseling/Therapy Programs:

- 6. the role of racial, ethnic, and cultural heritage, nationality, socioeconomic status, age, gender, religious and spiritual beliefs, occupation, physical and mental status, and equity issues in marital, couple and family counseling/therapy;
- Subsection B Contextual Dimensions of Marital, Couple and Family Counseling/Therapy
- 2. treatment issues related to working with diverse family systems (e.g., families in transition, dual-career couples, and blended families). Subsection A Foundations of Mental Health Counseling
- 7. role of racial, ethnic and cultural heritage, nationality, socioeconomic status, gender, religious and spiritual beliefs, occupation and physical and mental status and equity issues in mental health counseling.

MHS 6020 APPENDIX B MY "FIRST-FIVE" CAREER VISION

We will spend some time in this course looking at the "current reality" of the counseling/psychotherapy/mental health service delivery market and how that reality is affecting your opportunities for involvement in the design and delivery of mental health services. Begin the semester by presenting your vision of the work you are looking to do in the next five years. At semester's end (and at various points in your career) take time to reformulate your vision in light of all you have learned. Be sure to articulate your ideal...the dream...to contextualize the job you dream of having in five years.

In presenting your vision, consider two points in time, five years apart. Point A is the job you take upon graduation and Point B is your "dream job."

WRITE OUT YOUR ANSWERS to the FOLLOWING FIVE QUESTIONS and be prepared to discuss your "dream" in class:

1. WHAT TYPE OF JOB DO YOU PLAN ON ENTERING WHEN YOU GRADUATE? (We'll call this point A).

Try to find an available job description that is currently in the marketplace (if there is not one already available, try creating one that is 1 pp in length, typed and double spaced).

Write as complete a JOB DESCRIPTION as you can of the JOB YOU WANT TO ENTER WHEN YOU GRADUATE. Be as specific as possible in answering the following questions: Where will you be? In what professional setting? With whom will you be working? What is your job title? What will be your primary duties? In what types of activities will you engage and for what purpose? Under what working conditions? With clientele exhibiting what characteristics? And confronting what types of problems? To whom are you accountable? Who will supervise you (i.e., specify supervisor qualifications)? What rewards will receive from your work? What salary & benefit package do you expect? How many hours will you work? How will you "market" yourself?

2. WHAT IS THE TYPE OF JOB YOU WANT TO HAVE FIVE YEARS FROM THE TIME WHEN YOU GRADUATE FROM THIS TRAINING PROGRAM? (We'll call this Point B).

Try to find an available job description that is currently in the marketplace (if there is not one already available, try creating one that is 1 pp in length, typed and double spaced).

You may have imagined a "DREAM JOB" and what you would like to do in your dream job someday. Pretend that you wake up tomorrow morning and are in your dream job FIVE YEARS AFTER GRADUATION. WRITE as complete a JOB DESCRIPTION as you can of the job AS YOU WANT IT TO BE FIVE YEARS FROM THE DAY YOU GRADUATE. Be as specific as possible in answering the following questions: Where will you be? In what professional setting? With whom will you be working? What is your job title? What will be your primary duties? In what types of activities will you engage and for what purpose? Under what working conditions? With clientele exhibiting what

characteristics? And confronting what types of problems? To whom are you accountable? Who will supervise you (i.e., specify supervisor qualifications)? What rewards will receive from your work? What salary & benefit package do you expect? How many hours will you work? How will you "market" yourself?

3. WHAT STEPS DO YOU THINK YOU WILL NEED TO TAKE TO GET FROM POINT A (THE JOB YOU GET WHEN YOU GRADUATE) TO POINT B (THE JOB YOU WANT AT YEAR 5)? {i.e., how will you need to tailor your activities to get from point A to point B at year five out from your graduation?)

How do you plan to tailor your activities to get from Point A to Point B? What certification and licensure requirements do you plan to meet? What continuing education experiences do you plan to pursue? What kinds of work experiences and responsibilities will you seek within your job description? As a supplement to your job description? What professional associations will you join? In what community, governmental, political, professional, and/or service activities will you engage? What specialty areas of professional expertise will you develop? How will you market yourself? What priority order will you give these activities? We'll call this "the JOURNEY".

4. WHAT BARRIERS MIGHT YOU CONFRONT IN MOVING FROM POINT A TO POINT B?

It is wise to anticipate whenever possible potential barriers so you can figure out in advance how to work around them: What is out there that I need to know about and prepare to work around?

5. WHAT RESOURCES DO YOU HAVE TO OVERCOME THESE BARRIERS?

How do you plan to access these resources? More specifically, how will you collaborate with others who can help you (and whom you can help as well) to create an effective passage to your "first-five"dream job. Remember the "quid pro quo" and "interests over positions" principles in your negotiations. [For example, consider the human resources in this class as allies in your desire to create a representation of your dream job; what agreements can you reach with them that can help you to accomplish the five year plan you have identified?]

You will RE-VISIT your presentation at semester's end and rework your plan in light of the information we have considered about the "current reality" of the job market and <u>your</u> vision of what is possible for you and for mental health service delivery in the next five years.

REMEMBER: it is very smart to always be thinking of two things at once: competently performing what is asked of me here in my current job AND plan-fully enhancing the professional competencies and knowledge resources I need to get where I want to be next.

MHS 6020 APPENDIX C MENTAL HEALTH SERVICE PROVIDERS PROJECT

The purpose of this assignment is to develop an awareness of the services available in our community for clients that you may be assisting in a counseling session and to create a referral directory for your use.

Each student will choose four (4) service providers from the attached list <u>plus identify</u> one (1) new "community" counseling entity based upon re-visioning concepts from class readings and discussions. You are to create a POSTER for each of the **five** (5) providers that presents the provider's name, address, e-mail, hours of operation, types of services provided, types of clients served, and any other information that may be valuable to know as a client or a counselor. Please keep it to one page. The next page provides an example for each poster. For the electronic portion of this assignment, Powerpoint presentations are to contain similar information but should maximize use of the electronic venue. Specifically, students can make use of hyperlinks to web pages on the internet, insert video and audio files, graphic images, etc.

Acorn Clinic

23320 N. State Rd. 235 Brooker, FL 32622

Medical clinic: (352) 485-1133 Dental clinic: (352) 485-2772 E-mail: www.acornclinic.org

Hours of Operation: Monday, Wednesday & Thursday - 8:30 am to 5:00 pm

Tuesday - 2:30 pm to 8:30 pm

Mission: Acorn Clinic provides low cost medical and dental services to

residents of North Central Florida

Services:

General Medical: physicals; lab tests; care for chronic diseases; screenings for sexually transmitted diseases, cancer and communicable diseases; treatment of minor diseases, such as colds and flu; mental health, family and marriage counseling; specialized programs for diabetes, asthma and lipid management Women's Health Care: gynecological exams; breast exams and mammogram referral; family planning; referral for pre-natal care; endometrial biopsies and well-women health issues; menopause and related issues; nutritional counseling and weight management; STD treatment and screening; Urinary tract infections Children's Health Care: child health maintenance and immunizations; care and follow-up for acute and chronic illness; referrals to Children's Medical Services for severe illness; special teen program; school and camp physicals Dental Care: dental exams and cleanings for adults and children; specialized pediatric dentistry; extractions, restorations, root canals, crowns; complete and partial dentures; outreach and education to area residents through local churches and schools

Clients Served: Clients may come from any county. [Note any restrictions (e.g., qualifications, like residency, that clients must meet to be eligible for services)].

Cost of Services: Services provided on a sliding fee basis. Most insurance, Medicare and Medicaid are accepted. A social worker is available to assist clients with payment.

Agency Funding Sources:

XXXXXXXX

Service Providers - Alachua County

Acorn Clinic 23320 N. State Rd 235 Brooker, FL 32622 (352)485-1133 www.acornclinic.org

Alachua County Court Services 14 NE 1st St. Gainesville, FL 32601 (352) 338-7390 Hotline www.alachua-county.org

Alachua County Recreation Program 1303 NE 23rd Ave Gainesville, FL 32602 (352)371-6495 www.ncfymca.org/mcgurn.htm

Alachua County Social Services 218 SE 24thSt Gainesville, FL 32641 (352) 264-6750 www.alachua-county.org

Alachua County Supervisor Of Elections 12 SE 1stSt Gainesville, FL 32602 (352) 374-5252 www.elections.alachua.fl.us

Alachua County Public Works 5620 NW 120 Lane Gainesville, FL 32602-1188 (352) 374-5245 www.publicworks.alachua.fl.us

Al-Anon/Alateen 352)379-4701 www.al-anon-alateen.org Alachua County Crisis Ctr. 218SE24St Gainesville, FL 32641 (352) 264-6789 Crisis www.alachua-county.org

Alachua County Sheriffs Office (Include Jail Info) 2621 SE Hawthorne Rd Gainesville, FL 32602 (352) 367-4000 www.alachuasheriff.org

Alachua County Healthy Kids 620 E University Ave Gainesville, FL 32601 (352) 955-7669 www.healthykids.org

Alachua County Library District 401 E University Avenue Gainesville, FL 32601 (352) 334-3900 www.acld.lib.fl.us

Alachua County Truancy 3436 NE 39th Avenue Gainesville, FL 32609 (352) 955-7693

Alachua Regional Juvenile Detention 3440 NE 39th Avenue Gainesville, FL 32609 (352) 955-2105

Alachua County Victim Services 218 SE 24th St. Gainesville, FL 32641 (352) 264-6760 www.alachua-county.org Alachua/Branford Career Center SW 4800 SW13th St Gainesville, FL 32602 (352) 955-2245 www.alachuaonestop.org

Alachua County Work Release 3371 NE 39th Ave Gainesville, FL 32609-2639 (352)491-4570

Alachua Multi-County Migrant 4601 SW 20th Terrace Gainesville, FL (352)955-6855 www.sbac.edu

Alzheimer's Assoc –NC Florida 1831 NW13thSt, Suite 4 Gainesville, FL 32609 (352) 372-6266 www.alz.org

American Civil Liberties Union
NorthCentral Chapter Chair:
John Johnson
NorthCentralChapter.ACLU@gmail.com
(352) 505-1299
http://www.aclufl.org/take_action/cha
pters/north_central/index.cfm

Alachua County Veteran Services 218 SE 24thSt Gainesville, FL 32641 (352) 264-6740 www.alachua-county.org

Alachua/Bradford Career Center-NE 1000NE 16th Ave, Bldg. J Gainesville, FL 32601 (352)955-3135 www.alachuaonestop.org Alcoholics Anonymous NCF Intergroup Office 2632 NW 43rd St, Suite A111 Gainesville, FL 32606 (352) 372-8091 www.aa.org

Alachua Halfway House 3430 NE 39th Avenue Gainesville, FL 32609 (352) 955-2160

Alligator Creek Stop Camp Education Program P. O. Box 689 Raiford, FL 32083-0689 (904)964-1581

American Cancer Society 2119 SW 16th Street Gainesville, FL 32608 (352) 376-6866 www.cancer.org

Area Agency on Aging MidFLCenter for Aging Resources 5700 SW 34th St., Suite 203 Gainesville, FL 32608 www.mfaaa.org

American Heart Assn. 21OSW 75th Drive Gainesville, FL 32607 (352) 333-3244 www.americanheart.org

American Red Cross 1724NE2nd St. Gainesville, FL 32609 (352) 376-4669 www.afn.org/~redcross Big Brothers Big Sisters 1155NW13thSt. Gainesville, FL 32601 (352) 375-2525 www.bbbs-gville.org

Boys and Girls Club 2700NW51stSt (352) 373-6639 1100 SE 17th Drive (352) 372-1485 331 SE 20th Avenue (352) 337-8003

Center for Autism U of F P. O. Box 100234 Gainesville, FL 32610-0234 (352) 846-2761 www.card.ufl.edu

Bread of the Mighty Food Bank 761 NW 5th St.
Gainesville, FL 32627 (352) 336-0839
www.afn.org/~afn31208/project

Assoc. for Retarded Citizens of Alachua County 3303 NW 83rd St Gainesville, FL 32606 (352) 334-4060 www.arcalachua.org

ATC Transport 901 NW 8th Ave, Suite B1 Gainesville, FL 32061 (352) 384-9774 www.atc-nec.com

Blind Services 417SW8thSt Gainesville, FL 32601 (352) 955-2075 www.fcn.state.fl.us/dbs/

Catholic Charities Bureau 1717NE9thSt Gainesville, FL 32609 (352) 372-0294 www.afn.org/~cathchar/

Center for Couples & Families 1031 NW 6th St, Suite C2 Gainesville, FL 32601 (352)376-1346 www.afn.org/~ccfdnqfl

Center for Independent Living 720 NW 23rd Ave Gainesville, FL 32609 (352) 378-7474 www.cilncf.org

City College 2400 SW 13th St. Gainesville, FL 32608 (352) 335-4000 www.citycollge.edu

Child Care Resources 1731 NW6thSt. Gainesville, FL 32609 (352)334-1550 www.ccresources.org

Child Support Enforcement 5719 NW 13th Street Gainesville, FL 32652 (800) 622-5437 http://sun6.dms.state.fl.us/dor/

Children's Medical Services 1701 SW 16th Avenue, Bldg. B Gainesville, FL 32608 (352) 334-1400 www9.myflorida.com/cms Commission for Transportation -Disadvantaged 605 Suwannee St MS 49 Tallahassee, FL 32399-0450 (800) 983-2435 www.11.myflorida.com/ctd

Community Behavioral Services 1212NE12thAve, Suite B Gainesville, FL 32601-4195

Consumer Credit Counseling 1227 NW 16th Avenue Gainesville, FL 3609 (352) 371-2227 www.cccsmidflorida.com

Child Advocacy Center 2720 NE 20th Way Gainesville, FL 32602 (352)376-9161

Child Protection Team US Dept of Pediatrics 1701 SW 16th Avenue Gainesville, FL 32608 (352)334-1300

Children's Home Society 605 NE 1st St., Suites C&H Gainesville, FL 32601 (352) 334-0955 www.chsfl.org

Corner Drug Store 1300NW6^{ffi}St Gainesville, FL 32601 (352) 334-3800 www.cornerdrugstore.org

Community Action Agency 220 N. Main St., Suite C Gainesville, FL 32602 (352) 373-7667 www.cfcaa.org

Compassionate Friends 2528 NW 65th Terrace (352)373-1129 www.compassionatefriends.org

Department of Children & Families Adoptions 1000NE 16thAve, Bldg. I Gainesville, FL 32602-0390 (352) 955-5165 www.state.fl.us/cf

Department of Children & Families Complaints 1621 NE Waldo Rd, Bldg. 3 Gainesville, FL 32602-0390 (352)955-5017 www.state.fi.us/cf

Department of Children & Families Developmental Services 1000 NE 16th Avenue, Gainesville, FL 32602-0390 (352) 955-5099 www.state.fl.us/cf

Department of Children & Families Economic Self Sufficiency 1000 NE 16th Ave, Bldgs C&D Gainesville, FL 32602 www.state.fi.us/cf

Department of Children & Families Protective Services 1000NE 16th Ave, Bldg. I Gainesville, FL 32602 (352)955-3189 www.state.fi.us/cf

Easter Seals at Altrusa House 2002 NW 36th Ave Gainesville, FL 32605

(352) 377-7708 www.fl.easter-seals.org

Eldercare of Alachua County 4026 NW 22nd Dr Gainesville, FL 32605 (352) 265-9040 www.mfaaa.org/afhome/ecac/index.ht ml

Fearnside Family Services Center 3600 NE 15th St.
Gainesville, FL 32609 (352)955-6875
www.sbac.edu/~famsvcs

Florida Dept of Elder Affairs CARES Planning & Service Area 3801 NW40th Terrace, Suite A Gainesville, FL 32606-6183 (352) 955-6560 http://fcn.state.fl.us/doea

Department of Children & Families Foster Care 1000 NE 16th Ave, Bldg I Gainesville, FL 32602 www.state.fl.us/cf

Diversified Human Services 16 E. University Ave Gainesville, FL 32635 (352)335-1880 www.dhs-suncoast.ws

Eastside Clinic 410 Waldo Rd Gainesville, FL 32609 (352) 265-7020

Family Practice Medical Group U of Florida 625 SW 4th Avenue Gainesville, Florida 32614 (352) 392-6771

www.medinfo.ufl.edu/~equal

Florida Abuse Hotline 1317 Winewood Blvd. Tallahassee, FL 32399-0700 (800) 962-2873)

Florida Dept of Juvenile Justice 14107Hwy441 N. Bldg, Suite 200 Alachua, FL 32615 (386) 418-5236 www.djj.state.fl.us

Florida Dept of Veteran Affairs Malcolm Randall VA Medical Ctr 1601 SW Archer Rd, Rm D-162 Gainesville, FL 32608 (352) 374-6029 www.floridavets.org

Florida Probation & Parole 110 SE 1st, 2nd Floor Gainesville, FL 32601 (352) 955-2023 www.dc.state.fl.us

Florida Sheriffs Boys Ranch P. 0. Box 2000 Boys Ranch, FL 32064 (386) 842-5501 www.youthranches.org

Gainesville Community Ministry 238 SW 4thAve Gainesville, FL 32601-6552 (352)372-8162

Gainesville Harvest 7257 NW 4th Blvd Gainesville, FL 32607 (352) 378-3663 www.afn.org/~gharvest Gainesville Recreation & Parks 1024 NE 14th St., Bldg A Gainesville, FL (352) 334-5067 www.State.fl.us/gvl/index.New.html www.state.fl.us/gvl/index.new.html

Florida Palliative Home Care 4200 NW 90th Blvd Gainesville, FL 32606 (352) 379-6217 www.flpalliativehomecare.org

Fla. School for Blind and Deaf 207 N San Marco Blvd St. Augustine, FL 32084 (904) 827-2220 www.scdb.k12.fl.us

Foster Grandparent Program 218 SE 24thSt Gainesville, FL 32641 (352) 264-6731 www.alachua-county.org

Gainesville Correctional Institute 2845 NE 39th Ave Gainesville, FL 32609-0936 (352) 955-2001 www.dc.state.us

Gainesville Police Department 721 NW 6th St Gainesville, FL 32602 (352) 334-2400 www.gainesvillepd.org

Gainesville Transportation Svcs Regional Transit Authority - Bus 306 NE 6th St Gainesville, FL 32602 (352) 334-5074 Gay Switchboard P. O. Box 12002 Gainesville, FL 32604-0002 (352) 332-0700

Girls Club of Alachua County 2101 NW 39th Avenue Gainesville, FL 32605-2303 (352) 373-4475 www.girlsclubnet.org

Goodwill Industries 3520 SW 34th Street Gainesville, FL 32608 (352) 376-9041 www.goodwilliax.org

Habitat for Humanity 2317 SW 13th St. Gainesville, FL 32608 (352) 378-4663 www.alachuahabitat.org

Health Department
224 SW 24 ST RD
Gainesville, FL 32641
(352) 334-7900
www.co.alachua.fl.us/gov/dept/
community services/pub.html

Hospice of N. Central FL 4200 NW 90th Blvd Gainesville, FL 32606-3809 (352)378-2121 www.hospicecares.org

Housing Authority - Gainesville 1900 SE 4thSt Gainesville, FL 32602 (352) 334-4002 www.hud.gove/fheo.html Interface Youth Shelter C/O Corner Drug Store 1300NW6thSt Gainesville, FL 32601 (352) 334-3833 www.cornerdrugstore.org

Job Corps 5301 NE 40th Terrace Gainesville, FI 32609 (352) 377-2555 www.jobcorps.org

Healthy Families Alachua 15 SE 1st Avenue, Suite A Gainesville, FL 32601-6240 (352) 392-449, ext. 242 www.healthyfamiliesfla.org

Housing Authority – Alachua Cty 703 NE 1st St Gainesville, FL 32601 (352) 372-2549 http://gnv.fdt.net/~acha

Immigration & Naturalization INS Jacksonville Sub Office 4121 Southpoint Blvd Jacksonville, FL 32216 www.ins.usdoi.gov

Interfaith Counseling Center 100 NW 1stSt Gainesville, FL 32601 (352) 377-9333 www.holytrinitvgnv.org

Job Junction 3520 SW 34th St. Gainesville, FL 32608 (352)335-1311 www.goodwilliax.org Junior League Thrift Shop Foundation 430 Main St. Gainesville, FL 32601 (352)372-1710 www.gainesvillejrleague.org

Loften High School 3000 E. University Ave Gainesville, FL 32641 (352) 955-6839 www.sbac.edu/~loften

Meridian Behavioral Healthcare 4300 SW13th St Gainesville, FL 32614-1750 (352) 374-5600 www.meridian-healthcare.org

Maternal and Infant Care 15SE1 Ave, Suite A Gainesville, FL 3601-6240 (352) 392-2757

Neighborhood Housing Development 633 NW 8th Ave Gainesville, FL 32601 (352)380-9119 www.gnhdc.org

Peaceful Paths
P. 0. Box 5099
Gainesville, FL 5099
(352) 377-8255
www.peacefulpaths.org

Pleasant Place P. O. Box 5092 Gainesville, FL 32627 (352) 373-6993 www.afn.org/~ppine Retired & Seniors Volunteer Program 218 SE 24th St.
Gainesville FL 32641 (352) 264-6732
www.alachua-county.org

Lion's Sight & Hearing (352)377-0185

Medicaid Program Office 14101 NWHwy441, Suite 600 Alachua, FL32615 (352)418-5350 www.fdhc.state/f;/us

Metamorphosis 4201 SW 21st Place Gainesville, FL 32607 (352) 955-2450

Narcotic Anonymous (352) 372-8008 http://gnv.fdt.net/~ncoastna/

North FL. Lions Eye Bank 1235 San Marco Blvd., Suite 304 Jacksonville, FL 32207 (800) 822-4483 www.giftofsight.net

Planned Parenthood 1240 NW 11th Ave, Suite B Gainesville, FL 32601 (352) 377-0856 www.ppnef.org

Public Defender - 8th Circuit 35 N Main St Gainesville, FL 32601-0600 (352)338-7370

Runaway Hotline (800) RUN-AWAY (786-2929) www.floridanetwork.org/1runaway.html Res-Care 1110 BMW 8th Ave Gainesville, FL 32601 (352)372-0130 www.rescare.com

Salvation Army Thrift Shop 1121 N. MainSt Gainesville, FL 32602 (352) 373-7597 www.salvationarmy.org

Santa Fe Work Release Center County 2901 NE 39th Avenue Gainesville, FL 32609 (352) 955-2070

Shands Homecare 3515 NW 98thSt Gainesville, FL 32606 (352) 265-9262 www.shands.org/find/service/ homecare.default, htm

Shands Psychology Clinic
College of Health Professions
P.O. Box 100165
Gainesville, FL 32610
www.hp.ufl.edu/chp/elinic/index.html

Southcare 14617 Main St. Alachua, FL 32616 (386) 462-5353 www.southcare.org

National Runaway Hotline (800)621-4000 www.nrscrisisline.org

Salvation Army 639 E. University Avenue Gainesville, FL 32602 (352)376-1743 www.salvationarmy.org Santa Fe Community College 3000 NW 83rd St Gainesville, FL 32606 (352) 395-5000 www.santafe.cc.fl.us

School Board of Alachua 620 E. University Avenue Gainesville, FL 32601-5498 (352) 955-7300 www.sbac.edu

Shands Healthcare 1600 SW Archer Rd, HSC Gainesville, FL 32610 (352)265-0111 www.shands.org

Social Security Administration 1610NW 23rd Avenue Gainesville, FL 32627-5189 (800) 772-1213 www.ssa.gov

Speech & Hearing Center -Shands College of Health Professions P. O Box. 100174 Gainesville, FL 32610-0174 (352) 392-8888 www.hp.ufl.edu

St. Francis House 413 S. Main St. Gainesville, FL 32604-0491 (352) 378-9079 www.stfrancishousefl.org

Tacachale Community of Excellence 1621 NE Waldo Road Gainesville, FL 32609-3918 (352) 955-5000

Survivors of Incest Anonymous (352) 472-4207

Three Rivers Legal Services 214 W. University Ave, Suite A Gainesville, FL 32601 (352)372-0519 www.trls.org

UF Counseling Center P301 Peabody Hall P.O. Box 114100 Gainesville, FL 32611-4100 (352)392-1575 www.counsel.ufl.edu

UF Hearing & Speech Clinic U of Florida 435 Dauer Hall Gainesville, FL 32611 (352) 392-2041 www.csd.ufl.edu/clinic.html

UF Vocational Consultation Svc U. of Florida P.O. Box 100175 HSC Gainesville, FL 32610 (352) 265-0745

VA Nursing Home Nursing Home Care Unit-118B 1601 SW Archer Rd Gainesville, FL 32608-1197 (352) 372-6053 www.va.gov

Wage and Hour Division 401 SE 1st Ave., Rm 220 Gainesville, FL 32601-6805 (352) 376-0271 www.acld.lib.fl.us

US Dental Clinic (In Shands Hospital) College of Dentistry P.O. Box 100425 Gainesville, FL 32610-0425 (352) 392-4261 www.dental.ufl.edu/patients/index.html UF Student Health Care Center Infirmary Bldg P.O. Box 117500 Gainesville, FL 32611-7500 (352)392-1161 www.health.ufl.edu/shcc

United Gainesville Community Development 505 NW 2nd Ave Gainesville, FL 32602-2518 (352)334-0943 www.ugcdc.org

Vocational Rehabilitation 249 W University Ave., Suite A Gainesville, FL 32601 (352) 955-3200 www2.myflorida.com/awi

Waldschmitt Charitable Legal Clinic 4001 Newberry Rd Bldg C, Suite 1 (352) 373-1191

WIC Project 15SE1stAve, Suite A Gainesville, FL 32601-6240 (352) 392-4493 www.wic.ufl.edu

Women's Resource Center 912 NW 13th St Gainesville, FL 32601 (352) 377-4947 www.healthfem.org

United Way Information and Referral: (352) 332-4636

APPENDIX D

Selected Readings for the Course

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APPENDIX E

Action Research Proposal Format

Use a writing style similar to research articles you have read in professional journals. References should be in APA style. Submit your paper typed, double-spaced. Be sure to use an APA-style cover page. Your proposal is to be approximately 10 pages in length (not including title or reference pages).

Literature Review

- A. Statement of the problem and its significance
- B. Relevant research and how it applies to your problem (guided by a theory)
- C. Carefully worded research question or problem (include a purpose statement)

Methods

- A. Participants
- B. Procedures
- C. Data analysis plans
- D. Time schedule

References (a minimum of 7 articles from ACA journals)

Suggested Appendices

- A. Ethics form
- B. Questionnaires, observation checklists, etc.