WHAT: Special Olympics Young Athletes Program (YAP) for children ages 2-7 with intellectual disabilities and their peers. Athletes are introduced to sports and develop their motor, cognitive, and social skills.

WHEN: Tuesdays, 5:30-6:30pm

WHERE: Balance 180 gym- 6527 NW 18th Drive

HOW CAN YOU HELP? Volunteers work one-on-one with our athletes to encourage them during the activities, adapt stations according to their ability, and be a great friend.

To volunteer, contact: Shannon Marble
balance180volunteers@gmail.com