

OVERHEAD 2.2

When People Resist Talking. . .

First, is it worth the hassle?

Second, use good timing.



Third, try using “I” messages.

“I want to talk with you about our geography project.”

“I want to talk with you about the basketball game Friday.”

“I feel angry because our geography project is behind schedule and I’m worried about my grade.”

“I’m really glad that your brother wasn’t badly hurt in the motorcycle crash. Can I ask you a couple of questions about how he’s doing?”