



## **Goal Setting Activity**

What are your one year goals?

What are your five year goals?

What are your ten year goals?

## **Getting a Great Idea Activity**

### **“Technique for Producing Ideas” – James Webb Young**

1. Mind must gather raw materials (the information that will form the conceptual foundation).
2. The mind goes through a process of masticating the materials.
3. You drop the whole subject and put the problem out of your mind as completely as you can.
4. Out of nowhere the idea will appear.
5. Take your little newborn idea out into the world of reality and see how it fares.

#### ***Exercise***

What stage are you at in producing your great idea?

What can you do to advance?