



Check Your
PRIVILEGE

CO - CONSPIRATOR WORKBOOK

Thanks for Purchasing The Co-Conspirator Workbook!

It is my intention that this will help you do your work as you continue the lifelong journey of being an Ally.

It's various forms, white fragility guised as feminism, that is negatively impacting the mental health of Black Indigenous Women of Color (BIWOC).

It is my hope this guide will help you unpack your privilege, begin to center and affirm BIWOC in the fight against patriarchy.

Together we can work together and the fight against patriarchy!

XO,

Myisha T

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Daily Co-Conspirator Check-In

THESE DAILY CHECK-INS ARE TO HELP YOU DISCOVER HOW YOU
HAVE SHOWED UP AS AN CO-CONSPIRATOR TODAY

DAY 1

/ / 20

I affirmed a WOC by

I centered a WOC by

I checked my privilege today by

DAY 2

/ / 20

I affirmed a WOC by

I centered a WOC by

I checked my privilege today by

DAY 3

/ / 20

I affirmed a WOC by

I affirmed a WOC by

I checked my privilege today by

DAY 4

/ / 20

I affirmed a WOC by

I centered a WOC by

I checked my privilege today by

DAY 5

/ / 20

I affirmed a WOC by

I centered a WOC by

I checked my privilege today by

DAY 6

/ / 20

I affirmed a WOC by

I affirmed a WOC by

I checked my privilege today by

DAY 7

/ / 20

I affirmed a WOC by

I centered a WOC by

I checked my privilege today by

Resources

WHITE SPACES MISSING FACES

by Catrice M. Jackson

THE POSSESSIVE INVESTMENT IN WHITENESS: How White People Profit from Identity Politics, Revised and Expanded Edition Revised, Expanded Edition

by George Lipsitz

WHITE FRAGILITY:

Why It's So Hard for White People to Talk About Racism

by Robin DiAngelo

SO YOU WANT TO TALK ABOUT RACE

by Ijeoma Oluo

BACKLASH:

What Happens When We Talk Honestly about
Racism in America

by George Yancy

FEMINISM IS FOR EVERYBODY:

Passionate Politics

by bell hooks