

Chastity Hope Schuermann, PhD, LPC
(formerly Chastity Hope Bell)
1206 Norman Hall, College of Education
University of Florida; Gainesville, FL 32611
Email: hope.schuermann@coe.ufl.edu

Professional Summary

- PhD in Counselor Education and Supervision, University of Central Florida
- MS in Community Counseling, Loyola University New Orleans
- 4 years of experience as a Counselor Educator
- 10 years of experience as a counselor, 7 years as a Licensed Professional Counselor
- 15 peer-reviewed publications (published or in-press)
- 40+ international, national, regional, and state presentations
- Research Agenda focused on: 1) Trauma, and 2) Counselor Education
- Service as President of a State-ACES association; Editorial Board Member of 2 journals

Education

2010-2013 Doctor of Philosophy, Counselor Education
University of Central Florida

Dissertation Publication:

Bell, H., Hagedorn, W. B., & Robinson, E. H. M. (2016). An Exploration of Supervisory and Therapeutic Relationships and Client Outcomes. *Counselor Education and Supervision*, 55, 182-197.

2004- 2006 Master of Science in Community Counseling
Loyola University, New Orleans LA

1999-2003 Bachelor of Science in Psychology
Mississippi State University

Professional Licensure

2014-Present Licensed Professional Counselor, Texas # 73186

2009- June 2015 Licensed Professional Counselor, Louisiana # 3872

Professional Employment History

August 2017- Present **Clinical Assistant Professor**
University of Florida
School of Human Development & Organizational Studies
Counselor Education Program

2013- May 2017 **Assistant Professor**
University of Texas at San Antonio
Department of Counseling

- 2015-2017 **Contract Mental Health Counselor**
Alamo Heights Counseling
- 2012-2013 **Instructor**
University of Central Florida
MHS 2330: Career Planning
- 2010-2013 **Graduate Teaching & Program Assistant**
College of Education PhD Program
University of Central Florida
- 2007-2010 **Clinical Services Counselor & Coordinator**
Child Advocacy Services, Luling, LA & Gonzales, LA
Responsibilities included:
 - Forensic Interviewing
 - Child and Adult Individual Counseling
 - Family & Group Counseling
 - Community Outreach & Education
 - Counselor Intern Supervision
- 2006-2007 **School Site Coordinator/Counselor**
Seton Resource center for Child Development
Responsibilities included:
 - Classroom guidance & prevention programs
 - Individual Clinical services
 - Children & Adolescent groups
 - C-BITS trauma groups
 - Hurricane recovery groups

Research and Scholarly Activities Summary

Publications

In-Press & Published

- Schuermann, H.**, Avent, J. A., & Lloyd-Hazlett, J. (In-press). The impact of academic role on perceptions of gatekeeping in counselor education. *Counselor Education and Supervision*.
- Haiyasoso, M., & **Schuermann, H.** (In-Press). Application of Relational-Cultural Theory with adolescent sexual abuse survivors. *Journal of Child and Adolescent Counseling*.
- Limberg, D., **Bell, H.**, Fox, J., & Robinson III, E. (In-Press). Practicing counselors' in Scotland, perceptions of altruism: A phenomenological investigation. *Counseling and Psychotherapy Research*.
- Bell, H.** (2017). Creative approaches in teaching empathy in counselor education. *Journal of Creativity in Mental Health*.

McRae, L., Hundley, G., **Bell, H.**, Fox, J. (2017). Stories of survivors with dissociative identity

- disorder: A qualitative investigation of symptoms, traumatic experiences, and relationships. *American Counseling Association VISTAS 2017*.
- Bell, H.**, Hagedorn, W. B., & Robinson, E. H. M. (2016). An Exploration of Supervisory and Therapeutic Relationships and Client Outcomes. *Counselor Education and Supervision, 55*, 182-197.
- Gonzalez, C. & **Bell, H.** (2016). Child centered play therapy for Hispanic children with Traumatic Grief: Cultural implications for treatment outcomes. *International Journal of Play Therapy, 25*(3), 146-153.
- Jacobson, L., Fox, J., **Bell, H.**, Zeligman, M., & Graham, J. (2015). Survivors with Dissociative Identity Disorder: Perspectives on the counseling process. *Journal of Mental Health Counseling, 37*(4), 308-322.
- Bell, H.**, Jacobson, L., Zeligman, M., Fox, J., & Hundley, G. (2015). Religious coping and resiliency in individuals with Dissociative Identity Disorder. *Counseling and Values, 60*, 151-163.
- Bell, H.**, Limberg, D., Jacobson, L., & Super, J. (2014). Enhancing Self-Awareness Through Creative Experiential Learning Play-Based Activities. *Journal of Creativity in Mental Health, 9*(3), 399-414.
- Fox, J., **Bell, H.**, Jacobson, L., & Hundley, G. (2013). Recovering identity: A qualitative investigation of a survivor of dissociative identity disorder. *Journal of Mental Health Counseling, 35*(4), 324-341.
- Bell, C. H.**, & Robinson, Edward H. (2013). Shared trauma in counseling: Information and implications for counselors. *Journal of Mental Health Counseling, 35*(4), 310-323.
- Bell, H.**, Limberg, D., & Robinson, E. H. (2013). Recognizing Trauma in the Classroom: A Practical Guide for Educators, *Childhood Education, 89*(3), 139-145.
- Limberg, D., **Bell, H.**, Super, J., Jacobson, L., Fox, J., De Pue, K., Christmas, C., Young, M. E., & Lambie, G. W. (2013). Professional Identity Development of Counselor Education Doctoral Students: A Qualitative Investigation, *The Professional Counselor: Research and Practice Journal, 3*(1), 40-53.
- Limberg, D., **Bell, H.**, & Lambie, G. (2012). Developmental, Solution-Focused Supervision for Counselors-in-Training. *Wisconsin Counseling Journal*.

Under Review

- Schuermann, H.**, Bursek, C., Wong, C., & Somody, C. (Under review). Client outcomes in a University clinic: Norming the ORS and SRS for a largely Hispanic population. *Counseling Outcomes Research and Evaluation*.

In-Progress

- Schuermann, H. & Prado, A. (In-progress). Healing through truth: Uncovering shame and guilt in professional counselors.

Schuermann, H., Pow, A., Allen, S., & Cannon, Y. (In-Progress). Predictors of post-traumatic growth in military personnel.

Corley, S., Lloyd-Hazlett, J., Schuermann, H., & Blessing, N. (In-progress). A phenomenological investigation of doctoral students' gatekeeping experiences.

Current Research Projects

The Role of Resilience Leadership in Developing Racial Equity in Ferguson

Military Personnel Rankings of Confidence in Mental Health Professionals

Predictors of Positive Transition to Civilian Life in Veterans Returning to College

Presentations

National Presentations

Schuermann, H., Burosk, C., & Wong, C. (2017). Implementing Client Outcomes Assessment Programs in Counselor Training Clinics. Presented at the Association for Counselor Education and Supervision Conference in Chicago, IL.

Lloyd-Hazlett, J., Corley, S., & **Schuermann, H.** (2017). Stuck in the Middle with You: Doctoral Students' Phenomenological Experiences as Gatekeepers. Presented at the Association for Counselor Education and Supervision Conference in Chicago, IL.

Bell, H. (2015). Creative Reflective Practice: Enhancing Client and Student Self Awareness through Experiential, Play-Based Activities. Presented at the Association for Creativity in Counseling Conference in San Antonio, TX.

Pow, A., Pope, A., & **Bell, H.** (2015). Wounded Healers: Supporting Counselors-In-Training who have Experienced Trauma. Presented at the Association for Counselor Education and Supervision Conference, Philadelphia, PA.

Avent, J., Wong, C., & **Bell, H.** (2015). We've Come this Far by Faith: Today's Young Adult, the Black Church, and Perceptions of Counseling. Presented at the American Counseling Association Conference, Orlando, FL.

Bell, H. (2014). Exploring the Interconnectedness of the Supervisory Relationship, Therapeutic Relationship, and Client Outcomes. Presented at the Interdisciplinary Conference on Supervision.

Jacobson, L. Graham, J., **Bell, H.**, & Fox, J. (2013). Teaching evidenced-based techniques to counselors-in-training working with survivors of dissociative identity disorder (DID). Presented at the Association for Counselor Education and Supervision Biannual Conference, Denver, CO.

Bell, H., Jacobson, L., Fox, J., Hundley, G., Graham, J., & Zeligman, M. (2013). The Role of Spirituality in Individuals With Dissociative Identity Disorder. Presented at the American Counseling Association Annual Conference, Cincinnati, Ohio.

- Fox, J., **Bell, H.**, Jacobson, L., Hundley, G., Zeligman, M., & Graham, J. (2013). Recovering identity: A qualitative investigation of a survivor of dissociative identity disorder. Presented at the American Counseling Association Annual Conference, Cincinnati, Ohio.
- Bell, H.**, Jacobson, L., & Hundley, G. (2012). Assessing Dissociative Identity Disorder: Strengths and Challenges. Presented at the Association for Assessment in Counselor Education Conference; Orlando, FL.
- Jacobson, L., & **Bell, H.** (2012). Assessing Student Learning Outcomes for CACREP Marriage, Couple, & Family Counseling. Presented at the Association for Assessment in Counselor Education Conference; Orlando, FL.
- Fox, J., **Bell, H.**, Jacobson, L., & Hundley, G. (2012). Recovering Identity: A Qualitative Investigation of a Survivor of Dissociative Identity Disorder. Presented at the Association for Assessment in Counselor Education Conference; Orlando, FL.
- Gutierrez, D., Fox, J., & **Bell, H.** (2012). On the road to self and other forgiveness: Navigating clients' extreme levels of shame and guilt. Presented at the American Counseling Association Conference; San Francisco, CA.
- Jacobson, L., DePue, K., Fox, J., Christmas, C., Super, J., **Bell, H.**, & Limberg, D., (2011) Professional Identity Development in Counselor Education Doctoral Students: An Exploration Through Consensual Qualitative Research. Presented at the Association for Counselor Education & Supervision Conference; Nashville, TN.
- Dugan, E., Brumfield, K., **Bell, H.**, & Crowe, S. (2008). Cultural Implications For Assessing Child-Parent Attachment Styles: The Use of Filial Therapy as a Therapeutic Intervention. Presented at American Counseling Association Conference; Honolulu, HI.

Regional and State Presentations

- Bell, H.** (2017). Post Traumatic Growth: A Strengths Based Approach. Presented at the University of Central Florida Counseling Conference, Orlando, FL.
- Bell, H.**, Avent, J., & Lloyd-Hazlett, J. (2016). Academic Role and Perspectives on Gatekeeping: Results and Implications of a CQR Study. Presented at the Southern Association of Counselor Education and Supervision Conference.
- Bell, H.**, Borsuk, C., & Wong, C. (2016). Is Your Student Counseling Clinic Effective? A Roundtable on Implementing Client Outcome Measures. Presented at the Southern Association of Counselor Education and Supervision Conference.
- Greene, J., Flasch, P., & **Bell, H.** (2016). When Laws Affect Our Clients: Possible Effects of Anti LGBTQ+ Laws. Presented at the Texas Counseling Association's Professional Growth Conference.
- Bell, H.**, & Prado, A. (2014). Walking the walk: Navigating guilt and shame in counselors and counselor educators. Presented at the Southern Association of Counselor Education and Supervision.
- Bell, H.** (2014). Exploring the Interconnectedness of the Supervisory Relationship, Therapeutic

- Relationship, and Client Outcomes. Presented at the Texas Association for Counselor Education and Supervision Conference.
- Bell, H.,** Zeligman, M., & Lambie, G. (2012). Developing Future Counselor Educators. Presented at the Southern Association of Counselor Education and Supervision.
- Bell, H.,** Jacobson, L., & Fox, J. (2012). The Voices of Dissociative Identity Disorder: Survivors Speak Out. Presented at the University of Central Florida Counseling Conference.
- Bell, H.,** Super, J., Limberg, D., Munyon, M., Lamb, C., Sherrell, R., & Zeligman, M. (2012). Is the PhD Right for Me? A CEDSO Panel Discussion. Presented at the University of Central Florida Counseling Conference.
- Bell, H.** & Fox, J. (2011) So You Want to Work in Trauma? Learning about & Working with Extreme Cases. Presented at the University of Central Florida Counseling Conference.
- Carlson, R., **Bell, H.,** & Jones, K. D. (2010) Continuum of Conflict and Control: A Conceptualization of Intimate Partner Violence. Presented at the Southern Association for Counselor Education & Supervision Conference; Williamsburg, VA.
- Bell, H.** & Guidos, N. (2010). Counseling Victims of Abuse: Play Therapy Techniques for All Ages. Presented at Louisiana Play Therapy Conference.
- Bell, H.,** & Breeden, S. (2009). Working Towards A Common Goal: Embracing the CASA & CAC Collaborative. Presented at 'Together We Can' Conference.
- La Fleur, L., & **Bell, H.** (2009). Sinking in Talk-Therapy Quicksand: Using Sandtray With Families. Presented at Louisiana Play Therapy Conference.
- Bell, H.,** Brumfield, K. & Worley, K. (2008). The Perplexing Problems of Pre-Teens: Counseling the Client Between Childhood and Adolescence. Presented at Louisiana Counseling Association Conference.
- Bell, H.** (2008). Play Therapy with Tweens: Bridging the 'Middle' Ground. Presented at Louisiana Play Therapy Association Conference.
- Bell, H.** & Brumfield, K. (2008). Playing Past the Pain: Using Play Interventions with Children Who Have Been Abused. Presented at Prevent Child Abuse Louisiana's 'Kid's Are Worth It' Conference.

International Presentations

- Bell, H.** (2013). An exploration of the relationships between supervisees' perceptions of facilitative conditions in supervision, clients' perceptions of facilitative conditions in counseling, and client outcomes. Presented at the British Association for Counseling and Psychotherapy Conference; Birmingham, England.
- Fox, J. & **Bell, H.** (2013). Recovering identity: A qualitative investigation of a survivor of dissociative identity disorder. Presented at the British Association for Counseling and Psychotherapy Conference; Birmingham, England.
- Limberg, D., **Bell, H.,** Robinson, E.H, Robinson, S., & Fox, J. (2013). A phenomenological

- investigation of practicing counselors living in Scotland, experiences of altruistic caring. Presented at the British Association for Counseling and Psychotherapy Conference; Birmingham, England.
- Bell, H.,** Robinson, E. H., Hayes, G., Robinson, S., Limberg, D., & Fox, J. (2012). Shared trauma in professional counselors: a validity check. Presented at the British Association for Counseling and Psychotherapy Conference; Edinburgh, Scotland.
- Bell, H.,** Limberg, D., Young, M., Robinson, E. H., Robinson, S., Hayes, G., Fox, J. (2012). Professional identity development of counselor education doctoral students. Presented at the British Association for Counseling and Psychotherapy Conference; Edinburgh, Scotland.
- Limberg, D., **Bell, H.,** Robinson, E. H., Robinson, S., Hayes, G., & Fox, J. (2012). A cross cultural examination of counseling student's perception of altruism. Presented at the British Association for Counseling and Psychotherapy Conference; Edinburgh, Scotland.
- Limberg, D., Robinson, E. H., Robinson, S., **Bell, H.,** Hayes, G., & Fox, J. (2012). A measure of altruism and motivational factors of counselors: impact on client outcomes. Presented at the British Association for Counseling and Psychotherapy Conference; Edinburgh, Scotland.
- Bell, H.** (2011). Recognizing & Treating Shared Trauma in Professional Counselors. Presented at the European Branch of the American Counseling Association Conference; Bad Herrenalb, Germany.
- Bell, H.,** Limberg, D., Lamb, C., Hayes, G., Robinson, E. H., & Robinson, S. (2011). Fostering Client Growth through Cooperative Play. Presented at the European Branch of the American Counseling Association Conference; Bad Herrenalb, Germany.
- Limberg, D., **Bell, H.,** Lamb, C., & Hayes, G. (2011) Fostering an Altruistic Climate in Schools. Presented at the European Branch of the American Counseling Association Conference; Bad Herrenalb, Germany.

Granting Activities

Growth Through Pain: Post-Traumatic Growth in Military Personnel, COEHD Faculty Research Award, Funded 2015-2016

Bridging War and Home Fronts, National Institute of Health, Unfunded 2015

Promoting Outcome-based Wellness, Empowerment, and Recovery (POWER), Hogg Foundation, 2015, Unfunded

The Impact of Child-Parent Relationship Therapy (CPRT) on the Family Relationships of Returning Military Personnel, Hogg Foundation, 2015, Unfunded

Teaching & Supervision Activities

University of Texas at San Antonio
Trauma, Crisis, & Grief Counseling

Fall 2016

Child and Adolescent Counseling	Summer 2016, Summer 2015
Counseling Theories	Spring 2015
Counseling Practicum (In-house Clinic)	Spring 2017, Spring 2016, Fall 2014, Sum. 2014
Doctoral Internship I	Fall 2016, Fall 2015, Fall 2014, Fall 2013
Development of Counseling Skills	Spring 2016, Fall 2015, Spring 2015, Summer 2014, Spring 2014
Group Counseling & Process	Spring 2017, Summer 2016
Counseling Internship (Masters)	Summer 2015, Spring 2014
<u>University of Central Florida</u>	
Career Planning	Spring 2013, Fall 2012
Undergraduate Course, Instructor	
Internship in Counselor Education	Fall 2012
Doctoral Level Class, Guest Lecturer	
Issues & Research in Education	Fall 2012, Fall 2011
Doctoral Level Class, Guest Lecturer	
Foundations of Play Therapy, Co-Teacher	Summer 2013, Summer 2012, Summer 2011
Techniques of Counseling, Instructor	Spring 2012
Practicum Supervisor	Spring 2012, Fall 2011
Group Counseling, Instructor	Fall 2011
Practicum in Counseling, Assistant Instructor	Fall 2011
Counseling Victims & Offenders	Summer 2011
Guest Lecturer	
Introduction to Counseling, Co-Teacher	Spring 2011, Fall 2010

Professional Service Activities

Departmental

Doctoral Committee, UTSA 2013-2017

CACREP Committee, UTSA, 2013-2017

Clinical Experience Committee, Chair, UTSA, 2016-2017

Clinical Experience Committee, UTSA, 2015- 2017

Dissertation Committees: Served, 10; Chaired, 1

Fitness to Practice Committees (Served both as member and chair), 2013- 2017

Organizational

President, Texas Association for Counselor Education and Supervision, 2016- 2017

President-Elect, Texas Association for Counselor Education and Supervision, 2015- 2016

Treasurer, Texas Association for Counselor Education and Supervision, 2013-2017

Consultant/Trainer, Consultation Team for Sandy Hook Clinicians and Educators, 2015

Editorial Board Member, *Counseling and Values Journal*, 2012-Present

Editorial Board Member, *Journal of Creativity in Mental Health Counseling*, 2013-Present

Conference Presentation Reviewer, University of Central Florida Counseling Conference, 2012

Third Year Rep., Counselor Education Doctoral Student Organization (CEDSO) 2012-2013

President, Counselor Education Doctoral Student Organization (CEDSO) 2011-2012

Volunteer, American Counseling Association Conference 2011

Honors and Awards

SACES Dissertation Research Grant Award, 2012

Trainings and Professional Affiliations

CACREP Team Member trained

American Educational Researchers Association (AERA) Future Leaders' Mentorship Workshop

Trained Forensic Interviewer, National Children's Advocacy Center & National Institute of Child Health Development

ASIST (Applied Suicide Intervention Skills Training) Certified

American Counseling Association, Member

Association for Counselor Education & Supervision, Member