

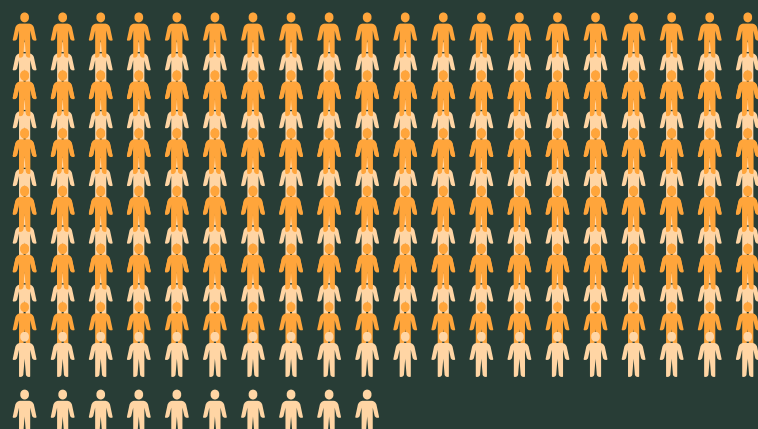


2023-2024 DATA & INFO

At Project Recognition, Empowerment, & Action for Child mental Health (REACH) we focus on training adults in rural communities in North Central Florida & North Central Missouri who have frequent contact with youth to recognize the signs of mental health concerns, and to respond with help and support.

386

WE'VE TRAINED OVER 386 ADULTS, SOME IN A VARIETY OF AREAS IN THE WORKFORCE SUCH AS MEDICINE, SOCIAL SERVICES, PRE-SERVICE, BEHAVIORAL HEALTH, MENTAL HEALTH, & EDUCATION

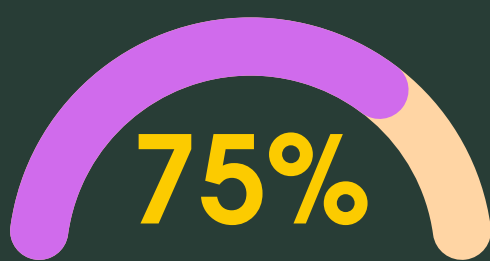


We've organized over **56** YMHFA trainings in multiple settings in both Missouri & Florida



Reduced stigma of mental health disorders in youth

Change in attitudes towards child mental health was measured by the Attitudes about Child Mental Health Questionnaire (ACMHQ).



IMPROVEMENT IN ATTITUDES TOWARDS CHILD MENTAL HEALTH

Both pre and post-data was available to participants, with many showing improvement from pre-test to post-test. With this data we've found up to **75%** improvement in attitudes towards child mental health.

Referrals & Linkages



Over the course of our trainings there have been more than **576** referrals and linkages to youth for services including therapy, food pantry, housing, behavioral testing, academic services, support groups, etc.



Project REACH's aim is to provide trainings in YMHFA. For more information, REACH out to us at Projectreach@coe.ufl.edu or visit our website <https://education.ufl.edu/reach/> or follow us on Facebook @ProjectREACH

