

## **New 1 Credit Course!** **Peer Mentoring for Health**

Spring 2015 – Freshmen, Sophomores and Juniors

Are you interested in helping people live a healthy lifestyle?

Would you like to be a peer mentor for freshmen here at UF to help them adopt overall healthy habits?

If you are interested in being a health peer mentor you would take a class in the spring that would help you develop your mentoring skills and then you would be matched with 3-4 incoming freshmen in the fall of 2015.

If you are interested in more information about this opportunity, please contact Dr. Melissa Vilaro at [emgraveley@php.ufl.edu](mailto:emgraveley@php.ufl.edu) or Dr. Anne Mathews, RDN at [anne.mathews@ufl.edu](mailto:anne.mathews@ufl.edu).

# **Be a Mentor!**

Approved by  
University of Florida  
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For Use Until 05/14/2015