

Volunteer and make a difference!



The Adaptive Gymnastics program is for children with physical or intellectual disabilities. The goal of adaptive gymnastics is to help the gymnasts learn basic skills on vault, bars, beam and floor in a step-by-step individualized process. Coaches and volunteers encourage gymnasts to work on motor skills, follow instructions, and make lots of new friends! You don't need to be a gymnast to help these little ones have fun & learn. Experience working with children is preferred.

This FUN GYMNASTICS program is held at
6527 NW 18th Drive, Gainesville

Saturdays from 12:30-1:25PM and 2:00-2:55PM

To volunteer contact Shannon Marble
balance180adaptivegymvolunteer@gmail.com

