



TRIP INFO BOOKLET



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YOUR NEXT STEPS:


1. Read this booklet to learn about the trips and decide which ones you want to go on!
2. Register for a trip in 301 Peabody Hall
3. Participate on your trip and be an active member of the FAB Family!

WINTER BREAK, DEC 18-22, \$110

Refugee Resettlement


 Atlanta, GA


 New American Pathways

 Newly-arrived refugees, who represent a wide range of cultures and languages, are under tremendous pressure to adapt quickly to American life and culture. Within a few short months, they are expected to speak English, find sustainable employment, enroll their children in school, and understand the complexities of the American health care system, government programs, the school system, and social services. Lend a hand to an organization that builds trust and personal relationships to help refugees to become established new Americans.

Animal Rights

 Savannah, GA

 Humane Society of Greater Savannah


 The mission of the Humane Society is to better the lives of pets and people. Participants will begin with an accelerated training program lead by HSGS staff, which will enable them to work in all parts of the shelter. During training students will learn about the role HSGS plays in the community and in animal welfare. Once trained, participants will clean kennels, walk dogs, do laundry, prepare food, help during events, input data, make phone calls, and assist in the newly added spay/neuter clinic.

MLK WEEKEND, JAN 15-18, \$95

LGBTQ Affairs

 Metro Wellness


 Tampa Bay, FL

 Metro Wellness & Community Center is an organization committed to providing quality health and wellness services that are inclusive, relevant, and supportive and represent the lifetime continuum of the diverse people in our community. The center provides comprehensive HIV services and medical care, social activities, classes, support groups, counseling, health and fitness programs, youth programs, substance abuse programs, older adult programs, behavioral health services and free HIV testing. They strive to promote a healthy environment for all and to foster diversity within the community as a whole, regardless of race, ethnicity, religion, sexual orientation, gender identity, age or economic status.


Environmental Preservation

 St. Marks, FL


 Florida Trail Association

 The Florida Trail contains many gaps, and is not permanently protected from urban encroachment, loss of access, and illegal use. Participants will conduct trail maintenance on part of the trail. Basic trail maintenance using hand tools provided by the Florida Trail Association. Students will hike the trail at the end of the trip and see all the work they have accomplished.

Civil Rights

 Selma, Alabama


 McRae-Gaines Learning Center


 McRae-Gaines Learning Center is established to work with students from 18-months through 2nd grade. Participants will be working with teachers in the classroom, lead clean-ups, construct beautification projects, and assist with current fundraisers. Students will tour the National Voting Rights Museum and listen to multiple oral histories from locals who work with the Learning Center and have participated in the civil rights movement. Such as activist and co-founder of the National Voting Rights Museum, Joanne Bland.

SPRING BREAK WEEKEND, FEB 27 - MAR 1, \$105

Engaging the Aging

 Atlanta, GA


 A.G Rhodes Health Care Center

 A.G. Rhodes Health & Rehab provides expert and compassionate rehabilitation therapy and residential care to seniors in metro Atlanta. Resident's physical, social and psychological well-being is their chief concern. Students will begin their service at the Wesley Woods location for the first two days, and end in the Atlanta location. Volunteer activities include but not limited to resident visitations, activities (BINGO, art, games), and music therapy class support.

Sustainable Agriculture


 Sharpsburg, GA


 180 Degree Farms

 180 Degree Farms is a nonprofit and 100% volunteer-based ministry dedicated to provide organically grown food to those who are sick or impoverished in their community. Their main focus is on those dealing with cancer. They send 300 lbs of free organic food per week which helps ease the financial burden. As a volunteer, you will be able to prepare the fields for the spring and pack dry goods for those in need.

Farmworkers' Rights

 Lake Apopka, FL

 Farm Worker's Association of Florida, Hope Community Center


 Hope Community Center is a service learning community dedicated to the empowerment of Central Florida's immigrant and working poor communities through Education, Advocacy and Spiritual Growth. Students will work in the field and get to know the community to establish a connection. Students will become allies of support with the community and learn the policies and programs that have been established to protect them.

SPRING BREAK WEEK, FEB 27 - MAR 5, \$200

Environmental Preservation

 St. Mary's, GA


 Cumberland Island National Seashore Park

 Cumberland Island is one of the largest undeveloped barrier islands in along the Atlantic coast. The island has one of the largest maritime forests remaining in the United States and one of the largest wilderness areas in a National Seashore on the east coast. Learn about environmental stewardship and explore all the ways we can help our National Parks protect the nation's natural, cultural, and historic resources.

Community & Youth Development

 Memphis, TN


 Ark Wings

 Arkwings Foundation is a non-profit wellness organization whose mission is to promote spiritual, emotional, and physical health for individuals, organizations, and communities through innovative, hands-on programs, with a focus on inner-city youth. Volunteers are needed to mentor youth through urban gardening programs, to participate in facility improvement projects, and serve in its various ministries.

Food Security


 Nashville, TN

 Second Harvest Food Bank


 One of the largest food banks and distribution centers nationwide. It was designed to collect food that would otherwise be wasted, inspect and sort the food, and distribute the food to soup kitchens and neighboring shelters to serve those in Middle Tennessee experiencing food insecurity. Volunteers will spend their days working with the wonderful staff of Second Harvest Food Bank where they will pack, sort and organize literally tons of donated food meant for soup kitchens and residents of underserved communities.

SPRING BREAK WEEK, FEB 27 - MAR 5, \$200


Female Empowerment

 Greenville, SC


 Safe Harbor Domestic Violence Shelter

 Join FAB on its first ever female empowerment trip and our first time to Greenville South Carolina! Safe Harbor empowers survivors of sexual and domestic violence to transform their lives, and promotes healthy relationships for all. Work together with Safe Harbor to maintain the shelters which house women and children on their way to a better future. You'll also have the opportunity to make a meal for the residents.

Children with Disabilities


 Moncure, NC


 Camp Royall

 Camp Royall is the nation's oldest and largest camp program for people on the autism spectrum, serving individuals on the autism spectrum and their families year round. Participants will help with duties like office work and repairs and help host a minicamp where campers come for a weekend of fun and provide a weekend of respite to their families.

Affordable Housing: Disaster Recovery

 Fayette, Alabama


 Habitat for Humanity


 The SEC Compact is an Alternative Break partnership between five Southeastern Conference schools in which each school will send one trip to the same service site. Help build or renovate houses for those who need housing assistance and also get to know the community you are giving back to!

SPRING INTERNATIONAL, FEB 28 - MAR 7, \$1,300

Marine life

 Nicaragua


 NOAA in Nicaragua

 Many endangered species are hunted and killed for sport or food to supply local cultures or international markets. Participants will have the opportunity to work alongside UF's NOAA scientist on mangrove restoration on the island, crucial to the surrounding estuary ecosystem.

International Education

 Guatemala


 Miguel Angel Asturias Academy

 Learn about differences and techniques of education used in other countries with our abroad service trip over Spring Break. Work with elementary school children in a classroom environment, as well as their teachers.

Agroecology

 Costa Rica

 Love Volunteers

 Participants will live and work on an agro-ecological farm. They will be involved in many different aspects of a self-sufficient farm. The work will include construction, feeding the animals, planting seeds, soil conservation, maintenance of medicinal plants, using and producing organic fertilizer, maintaining the spring-water wells, and harvesting crops.

***All prices are all inclusive of transportation, housing, and food!**

